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The image shows a 15x15 crossword puzzle grid. The top-left corner (rows 1-3, columns 1-3) contains a photograph of a male runner in a blue tank top and grey shorts running on a track. The rest of the grid is empty, with small black arrows in some cells indicating the direction of words to be placed. The arrows are as follows:

- Row 1: Down arrows in columns 2, 4, 6, 8, 10.
- Row 2: Down arrow in column 7, Right arrow in column 4.
- Row 3: Right arrow in column 1, Down arrow in column 6, Down arrow in column 14.
- Row 4: Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 5: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 6: Right arrow in column 2, Down arrow in column 4, Down arrow in column 6, Down arrow in column 8, Down arrow in column 10, Down arrow in column 12, Down arrow in column 14.
- Row 7: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 8: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 9: Right arrow in column 2, Down arrow in column 4, Down arrow in column 6, Down arrow in column 8, Down arrow in column 10, Down arrow in column 12, Down arrow in column 14.
- Row 10: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 11: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 12: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 13: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 14: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.
- Row 15: Right arrow in column 1, Down arrow in column 3, Down arrow in column 5, Down arrow in column 7, Down arrow in column 9, Down arrow in column 11, Down arrow in column 13.

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